

Professor A. J. ...

HAWK TALK



Hello, Warhawks,

Homecoming is more than a tradition; it's a celebration of our journey and the spirit that unites us as Warhawks.

This week, we come together to share memories, create new ones, and reignite our pride in what it truly means to be a Warhawk. From the parade and pep rally to the University Mile, Homecoming royalty, and of course, the big game, each event is a reminder of our shared journey and enduring spirit.

I look forward to experiencing these moments with you as we soar together and take flight!

Valerie S. Fields

Dr. Valerie S. Fields
Vice President for Student Affairs

K L M M N L

Tap or click to view the full line up of events. Get ready for the Homecoming Parade and Pep Rally

Monday, October 7 - Saturday, October 12, 2024
Various locations across campus
Tap for the full schedule



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2024



U N I V E R S I T Y M I L E

Sign up for the annual University Mile, one of ULM's longest traditions! For just \$20, you'll get a T-shirt, and runners will receive a race bib with a chance to win a medal as one of the top 5 finishers in your division.

Wednesday, October 9, 2024 | 5:30 PM

Deadline to sign up to get a runner's bib: Monday, October 7, at 4 PM

Tap to register to walk or run the University Mile

Y L -B N

Release stress with fun activities like the Rage Room, Therapy Dogs, Impairment Goggles, and a Painting Pots & Succulent Giveaway. Connect with mental health professionals for resources and support.

Thursday, October 10
11 AM - 2 PM
The Hub

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L Y M !

Did you know that exercise can help boost both cognitive abilities and mental health by improving memory, attention, and even emotional regulation?