



Hello, Warhawks,

Homecoming is more than a tradition; it's a celebration of our journey and the spirit that unites us as Warhawks.

This week, we come together to share memories, create new ones, and reignite our pride in what it truly means to be a Warhawk. From the parade and pep rally to the University Mile, Homecoming royalty, and of course, the big game, each event is a reminder of our shared journey and enduring spirit.

I look forward to experiencing these moments with you as we soar together and take ight!

Valerie S. Fields

Dr. Valerie S. Fields Vice President for Student Affairs

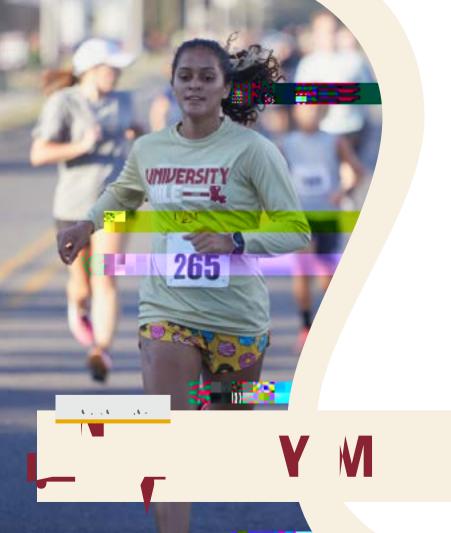
K I_MNTap or click to view the full line up of events. Get
ready for the Homecoming Parade and Pep Rally

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Monday, October 7 - Saturday, October 12, 2024 Various locations across campus Tap for the full schedule



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Sign up for the annual University Mile, one of ULM's longest traditions! For just \$20, you'll get a T-shirt, and runners will receive a race bib with a chance to win a medal as one of the top 5 nishers in your division.

Wednesday, October 9, 2024 | 5:30 PM Deadline to sign up to get a runner's bib: Monday, October 7, at 4 PM Tap to register to walk or run the University Mile

V L -B Release stress with fun activities like the Rage Room, Therapy Dogs, Impairment Goggles, and a Painting Pots & Succulent Giveaway. Connect with mental health professionals for resources and support.

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Thursday, October 10 11 AM - 2 PM The Hub



Did you know that exercise can help boost both cognitive abilities and mental health by improving memory, attention, and even emotional regulation?

