



**Course Description:** An examination of the theories, processes, and evaluative methods of group counseling. Group supervision and group participation required. Knowledge of group counseling theories and processes is of critical importance to a professional counselor. Group counseling is utilized in a variety of professional counseling settings such as schools, community counseling centers, and substance abuse counseling. The application of group counseling skills must be driven by a consistent with the own personal theory of counseling. This course allows students the opportunity to further develop their own theory of counseling and to begin to integrate their counseling theory into the processes common to all groups.

**Goals of the course:** Students will actively participate in an

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types of groups and other considerations that affect conducting groups in varied settings 6.f

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ethical and culturally relevant strategies for designing and facilitating groups 6.g

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direct experiences in which students participate as group members in a small group activity, approved by the program, for a minimum of 10 clock hours over the course of one academic term 6.h

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## V. COURSE TOPICS

Learning experiences will provide students opportunities to develop understanding of the group counseling process through an investigation of types of groups, group formation, group dynamics, stages of group development, group leadership characteristics, group counseling theories, group evaluation, and culturally competent leadership methods.

## VI. INSTRUCTIONAL METHODS AND ACTIVITIES

Involvement and learning in the course will be facilitated by means of: discussion, lectures, experiential activities, small group experiences, self-directed readings, discussion and reflection posts, and counseling demonstrations. Active class participation is expected and required both online and face-to-face for successful completion of this course. This course involves a high degree of commitment to personal growth and multiple reading assignments.

### 1. Class and Group Participation (10%)

This class has a synchronous meeting component via Zoom. Class and group participation includes arriving to live classes on time, coming prepared, and maintaining an active participation in discussions and groups.

### 2. Discussion Prompts (15%)

On asynchronous weeks, there will be 1 discussion prompt posted to Moodle (11 total). The prompt will be visible to students by Monday at 8am CST of each week. Students must make 1 original post AND 2 response posts in order to receive credit for that discussion. Students will have until Friday 11pm CST to post their own original post, and until Sunday at 11209.83 Tm0 G[pos)-6(t)7(s)JTJ



## VII. EVALUATION AND GRADE ASSIGNMENT

10%	Class and Group Participation
15%	Discussion Prompts
15%	Reading Quizzes
20%	Counseling Group Observations
15%	Group Co-Leadership
25%	Group Proposal (Capstone project)

### Final Grade:

A = 100-90%

B = 89 80%

C = 79 70%

D = 69 60%

F = 59-0%

## VIII. CLASS POLICIES AND PROCEDURES

At a minimum, all policies stated in the current ULM Student Policy Manual & Organizational Handbook should be followed (see [catalog.ulm.edu/index.php?catoid=24](http://catalog.ulm.edu/index.php?catoid=24)). Additional class policies include:

### A. COURSE TEXTBOOKS AND REQUIRED MATERIALS

**Required Textbook:** *Groups: Process and Practice* (10<sup>th</sup> ed)

Citation: Corey, C. (2015). *Groups: Process & Practice* (10<sup>th</sup> ed). Belmont, CA: Brooks/Cole-Thomson Learning

The theory and practice of group psychotherapy (6<sup>th</sup> ed.)

Citation: Yalom, I.D. & Leszcz, M. (2020). *The theory and practice of group psychotherapy* (6<sup>th</sup> ed.). New York: Basic Books.

**Other required readings will be available on Moodle. View Moodle regularly for supplemental materials, additional handouts, required readings, and all class lessons. Students are responsible for checking the site each week, for reviewing any materials necessary for class preparation, and for all content on this website.**

**B. Attendance Policy:** This is a hybrid class that includes both asynchronous and synchronous components.

Moodle assignments are required weekly and students are required to check their ULM e-mails daily.

Synchronous class meetings will be held via Zoom, according to the following schedule:

Syllabus and schedule are subject to change

Syllabus and schedule are

Grading and emailing: Instructor will have assignments graded within 7 days after the due date has passed. Instructor will respond to emails within 48 ULM operating business hours. If 48 hours have passed with no response, respectfully email instructor again.

Late Policy: Papers may be accepted at the discretion of the professor with a penalty of 10% decrease in grade per day. Assignments will not be accepted after one week after the due date. No assignments will be accepted after the last day of class.

Student Services: The University of Louisiana at Monroe strives to serve students with special needs through compliance with Sections 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act. These laws mandate that postsecondary institutions provide equal access to programs and services for students with disabilities without creating changes to the essential elements of the curriculum. While students with special needs are expected to meet our institution's academic standards, they are given the opportunity to fulfill learner outcomes in alternative ways. Examples of accommodations may include, but are not limited to, testing accommodations (oral testing, extended time for exams), interpreters, relocation of inaccessible classrooms, permission to audiotape lectures, note-taking assistance, and course substitutions.

Covid Policies: Due to present circumstances, ULM students, employees,





5	February 7 <sup>th</sup> 13 <sup>th</sup>	Group Cohesion	Chapters 2 & 3 Yalom & Leszcz	Discussion Post Quiz Counseling Group Observation 1
6	February 14 <sup>th</sup> 20 <sup>th</sup>	Forming a Group	Chapter 5 Corey Chapter 9 Yalom & Leszcz	Discussion Post Quiz Group Proposal Idea
7	February 21 <sup>st</sup> 27 <sup>th</sup>	<b>Second Class Meeting (Group Co-Leadership)</b> - Group Cohesion - Forming a Group		
8	February 28 <sup>st</sup> - March 6 <sup>th</sup>	Initial Stage of a Group	Chapter 6 Corey Chapter 10 Yalom & Leszcz	Discussion Post Quiz
9	March 7 <sup>th</sup> 13 <sup>th</sup>	Transition Stage of a Group	Chapter 7 Corey	Discussion Post Quiz

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